

GKSES · EDUCATOR SELF-EFFICACY · FOUR INDIAN CITIES

Most educators don’t yet feel ready to catch the signs.

On the Gatekeeper Self-Efficacy Scale, 19 educators across Kolkata, Bangalore, Mumbai and Delhi rated how confident they feel to spot and support a student at risk of suicide. On average, their confidence sat below the midpoint of the scale.

● Self-report scale · 19 educators · directional – it measures confidence, not skill

THE HEADLINE FINDING

32
OF 63

Average gatekeeper self-efficacy across the 19 educators landed **below the midpoint of the scale** — most rated themselves only moderately confident, at best, to identify and support a student at risk.

● WHERE CONFIDENCE IS LOWEST

THE PRACTICAL-MOMENT GAPS

16/19

UNTRAINED

had never received any gatekeeper training before this survey.

2.7/7

RESOURCES

lowest-rated skill: knowing the resources to refer a student to.

3.0/7

WARNING SIGNS

low confidence recognising the signs of suicide risk.

3.0/7

APPROACH

unsure of the right way to engage someone at risk.

7

OF 9 SKILLS

WHERE THE GAP REALLY SITS

Confidence fell below the midpoint on *seven of the nine* skills — and the lowest scores cluster in the practical moment: what to do, and where to turn. The empathy is there; the scaffolding isn’t yet.

● WHAT EDUCATORS ALREADY BRING

THE STRENGTHS TO BUILD ON

4.9/7

LISTENING

their strongest area by far — listening closely and empathetically to someone in distress.

4.3/7

DEPRESSION KNOWLEDGE

a moderate baseline understanding of depression for training to build on.

● AN EARLY SIGNAL — HANDLED WITH CARE

WHY WE MEASURE PROPERLY NEXT

The 3 educators with prior training scored far higher — about 49 vs 29 on average. But with only three trained people and no before-and-after, this is a **hint, not proof**: it can’t separate the training from the kind of person who seeks it out. That’s exactly why the GKSES is being set up as a **pre/post measure** — to test training impact for real.

Baseline for pre/post. Re-run the scale after training to measure genuine change.

Warning-sign modules. Case-based, culturally relevant practice in spotting risk.

Map the resources. Localised referral directories — the single biggest gap.

Start where the will is. Build on the listening strength educators already have.

About this brief. A GKSES self-report survey of 19 educators (17 teachers, 2 professors) across Kolkata, Bangalore, Mumbai and Delhi, March 2026, all consented. Self-efficacy captures how confident educators *feel*, not their measured skill; the sample is small and Kolkata-weighted, so figures are directional and serve as a baseline for a planned pre/post evaluation.
GKSES — Gatekeeper Self-Efficacy Scale.

